"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us."

Ephesians 3:20

7 Days of
Prayer &
Fasting Guide

SEVEN DAYS OF PRAYER AND FASTING GUIDELINES

"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us." Ephesians 3:20

BEGIN EACH DAY WITH A PERSONAL CONFESSION OF FAITH

I decree and declare that this is the dawn of a new day for God's blessing to flow upon my life. I will live victoriously in the day because I am the head and not the tail, that I will forever be first and not last, that I will forever be above only and not beneath. That I will live a humble life and give thanks knowing that He who has begun this good work will complete it. I seal this confession in Jesus name.

BEGIN EACH DAY PRAYING THE LORD'S PRAYER:

Reflect on who God is (hallowed be your name Matthew 6:9) and Refocus your life toward his kingdom and his will (your kingdom come your will be done in earth as it is in heaven Matthew 6:10) Request the needs you have for today (Give us today our daily bread-Matthew 6:11, Repent of the sins you have committed (forgive us our debts as we also have forgiven our debtors Matthew 6:12) and Rest in God deliverance and presence in time of temptation (And lead us not into temptation but deliver us from the evil one Matthew 6:13. For thine is the kingdom the power and the glory. Amen.

Eternal God and Father, please help me to worship you by taking my every day, ordinary life (my sleeping, eating, going to work or school, etc.) And place it before you as worship. Allow my life to be one of consecration making Jesus my Lord. Help me take up my cross; help me to die to self and help me to yield to your Spirit. I decree that fear, pride and confusion be broken and removed out of my life. Help me live sold out for you Lord. Help me to center my life on Christ and not on career, family, sports, or having fun in any other things that tries to take first place. I decree and declare that I am my church family are walking in unity, living with overflowing anointing, divinely enabled to operate beyond our capacity, beyond our strength, and beyond our vision of the future, with expectation of God to do great and mighty things in our lives and ministry.

Day 1: Unity in the Body of Christ

Theme: Unity in Preparation for the New Pastor

Scripture Reference:

• Ephesians 4:3-6: "Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all."

Prayer Focus: Pray for unity in the congregation as you prepare to receive the new pastor. Ask God to remove any divisions or discord and to knit the hearts of the people together in love, purpose, and mission. Pray for the new pastor to have wisdom in fostering unity among the congregation.

Fasting Focus: Dedicate your fast today to seeking unity, focusing on removing personal grievances or differences that may hinder the church's progress.

Day 2: Faith for the Journey Ahead

Theme: Strengthening Faith in Transition

Scripture Reference:

- Hebrews 11:1: "Now faith is confidence in what we hope for and assurance about what we do not see."
- 2 Corinthians 5:7: "For we walk by faith, not by sight."

Prayer Focus: Pray for an increase in faith as the church transitions under new leadership. Ask God to help the congregation trust His plan, even when things seem uncertain. Pray for the new pastor to lead with bold faith, inspiring the congregation to follow God's vision.

Fasting Focus: Dedicate your fast today to trusting God for the unknowns, asking Him to strengthen your faith and the faith of the congregation.

Day 3: Leadership and Vision

Theme: Empowering Leadership for the New Pastor

Scripture Reference:

- Proverbs 29:18: "Where there is no vision, the people perish: but he that keepeth the law, happy is he."
- 1 Peter 5:2-3: "Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve; not lording it over those entrusted to you, but being examples to the flock."

Prayer Focus: Pray for your new pastor to have God-given vision and clarity of direction for the church. Ask God to raise up strong, godly leaders in the congregation and for current leaders to support the pastor's vision and mission. Pray for a leadership team that walks in integrity, wisdom, and humility.

Fasting Focus: Dedicate your fast to asking God to strengthen leadership, seeking divine wisdom for the new pastor and the leaders who will serve alongside them.

Day 4: Teamwork Makes the Dream Work

Theme: Building a Spirit of Collaboration and Teamwork

Scripture Reference:

• 1 Corinthians 12:12-14: "For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ."

Prayer Focus: Pray for a spirit of teamwork and collaboration within the church. Ask God to help each member of the congregation find their place in serving and to work in harmony with others. Pray that the new pastor can build strong teams that will carry the church's mission forward.

Fasting Focus: Today, fast with a focus on unity in purpose and vision, asking God to align each member of the church to work together with one heart and mind.

Day 5: Stewardship of God's Resources

Theme: Faithfulness in Stewardship Under New Leadership

Scripture Reference:

- 1 Peter 4:10: "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."
- Luke 16:10: "Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much."

Prayer Focus: Pray for the church's faithful stewardship of its resources—finances, time, and talents. Ask God to guide the new pastor in handling the church's resources wisely and in alignment with God's purposes. Pray for the congregation to embrace generosity and faithfulness in all areas of stewardship.

Fasting Focus: Dedicate your fast today to seeking God's direction in the church's stewardship, asking Him to guide you and the church to manage His resources with integrity.

Day 6: The Power of the Holy Spirit

Theme: Dependence on the Holy Spirit for Leadership and Direction

Scripture Reference:

- Acts 1:8: "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."
- John 14:26: "But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."

Prayer Focus: Pray for a fresh outpouring of the Holy Spirit upon the congregation and the new pastor. Ask for the Holy Spirit's guidance, power, and wisdom to fill every aspect of the church's ministry and leadership. Pray for the church to be sensitive to the leading of the Spirit as you move forward together.

Fasting Focus: Focus your fast on inviting the Holy Spirit to guide, empower, and equip the church and its leadership team for the future.

Day 7: Praying for the New Pastor

Theme: Covering the New Pastor in Prayer

Scripture Reference:

- 1 Timothy 5:17: "The elders who direct the affairs of the church well are worthy of double honor, especially those whose work is preaching and teaching."
- Jeremiah 3:15: "Then I will give you shepherds after my own heart, who will lead you with knowledge and understanding."

Prayer Focus: Pray specifically for your new pastor by name. Ask God to give them wisdom, strength, and discernment as they step into their new role. Pray for their family, their spiritual and emotional well-being, and that they would be a shepherd after God's own heart. Ask God to give them favor and grace as they lead the church into a new season.

Fasting Focus: Today's fast is focused on covering the new pastor in prayer, asking God to bless and anoint them for the work ahead, and to provide them with all they need to lead the church effectively.

Conclusion: As you conclude this week of prayer and fasting, continue to expect God to do great things as you move forward together as a congregation under new leadership. Trust that God has already prepared the way, and that by walking in unity, faith, and dependence on the Holy Spirit, your church will flourish under the new pastor's leadership.